



FAQs on Etika Uniform Sizing

Q: Are Etika uniforms true to size?

A: Etika uniforms are fitted garments designed in style. We strongly recommend reviewing our sizing chart carefully before placing your order.

Q: Should I only use my child's age to choose a size?

A: No, while your child's age might suggest a specific size (e.g., age 6/7), their actual chest measurement could mean they need a different size. Always measure first.

Q: How do I measure my child's chest correctly?

A: Measure around the fullest part of their chest. For younger children, place the tape a few inches below the armpit. For older children, especially girls, the fullest point might be slightly lower. Don't pull the tape too tight, as this avoids choosing polo shirts that are too tight and strain at the buttons.

Q: How should I size Polo Shirts and PE Tops?

A: For a child with a 28-inch chest, add 2 inches for a comfortable fit. This would usually mean an age 9/10 or 10/11 size for a looser fit.

Q: How should I size Sweatshirts and Cardigans?

A: For a child with a 26-inch chest, add 3 inches. This typically corresponds to an age 7/8 or 8/9 for a more relaxed fit.

Q: What if I choose the wrong size?

A: Don't worry! If you don't get it right the first time, the Etika team will happily replace any garment until you find the perfect fit.